

# TEMPOROMANDIBULAR DYSFUNCTION AND ANXIETY

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Categoria do Trabalho

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#### Resumo

#### TEMPOROMANDIBULAR DYSFUNCTION AND ANXIETY

The temporomandibular joint (TMJ) functions as a hinge that connects the mandible to the skull, allowing essential movements such as chewing to be carried out. The stomatognathic system plays a leading role in human actions, and one of its most important aspects is the proper functioning of the TMJ. For the body to operate harmoniously, both physical and psychological well-being are essential.

Psychological factors have a direct impact on the patient's oral health and can cause pain, as is the case with Temporomandibular Dysfunction (TMD).

According to an analysis based on articles on the ScieELO website, there are several theories to explain the cause of TMD. It is believed that hyperactivity of the facial muscles is the biggest indicator of temporomandibular dysfunction, which is generated by emotional stress.

In the study presented in these articles, which aims to assess the correlation between emotional stress and the development of TMD and to verify its prevalence in a part of the population under severe stress, 60% of the population surveyed showed signs and symptoms of TMD, and 81% reported being under severe emotional stress. Symptoms such as social anxiety, sexual dysfunction and self-image dysmorphia were also reported.

The aim of the research was to collect data on the relationship between psychological factors and orofacial pain published between 2000 and 2015, which showed the property of the pain do functions are decline in global mental health in recent years.

We can conclude that health should not only be physical and that psychological aspects can affect the physical integrity of the human being, such care can be initiated in the dental surgeon's affect the physical integrity of the human being, such care can be initiated in the dental surgeon's affect the physical integrity of the human being, such care can be initiated in the dental surgeon's affect the physical integrity of the human being, such care can be initiated in the dental surgeon's affect the physical integrity of the human being, such care can be initiated in the dental surgeon's affect the physical integrity of the human being, such care can be initiated in the dental surgeon's affect the physical integrity of the human being, such care can be initiated in the dental surgeon's affect the physical integrity of the human being, such care can be initiated in the dental surgeon's affect the physical integrity of the human being, such care can be initiated in the dental surgeon's affect the physical integrity of the human being in the human

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